

02/10/2023

To the Chair and Members of
the Central Area Committee

NORTH EAST INNER CITY PROGRAMME OFFICE REPORT

NEIC Greening Strategy Update Report to Central Area Committee June – September 2023

NEIC Greening Strategy 2023

- 5 year review of all projects, review maintenance and progress to date.
Ongoing
- Green walls
 - Commons Street (Similar to Portland Row)
Complete
 - Further Sites being investigated
- Community Project (Ballybough Pride of Place)
 - Meet with the community group to look at a series of small interventions
 - Meetings planned for Quarter 3 2023
- DCC Housing Collaboration
 - Meet with DCC housing and look at planting trees within their lands as part of the NEIC GS were appropriate. Similar to Liberty House and Ballybough house tree planting.
 - Meetings planned for Quarter 3 2023
- Sherrard Street -
- Russell Street -
- Portland Street North-
- Belvidere Avenue -
- Portland Square-
- Sherrard Street Lower -
- Sherrard Avenue -
- *Emmet Street request to add to project bundle. Quote sought.*
 - Design Teams Appointed
 - Surveys Complete
 - Preliminary Designs Complete
 - Public Consultations organised for September
- Buckingham Street Progress Feasibility Study
 - Complete
 - Circulation and discussions underway

- Store Street
 - Store Street Surveys Complete.
 - Due to over congestion of services greening interventions may not be possible. Further studies required.
- East Wall Area (Due to large loss of Trees)
 - East Wall Mini Greening Strategy design team appointed
 - Consultations and preliminary designs to follow
- Summer Street Feasibility Study
 - Design Team Appointed
 - Surveys Complete
 - Preliminary Designs Complete
 - Public Consultations organised for Quarter 3 2023
- The NEIC Urban Tree Trail – (Progress/Education/Tourism)
 - Desktop studies currently in progress
 - Quotes sought for Graphic Design Services
- Royal Canal Phase Two - Exercise Mile
 - Out to Tender
- Royal Canal Green heritage quay wall reclamation and landscape features installation.
 - Complete
- Liberty Park Calisthenics and accessibility improvements
 - Out to Tender

NEIC Greening Strategy Larger Projects

- Mount Joy Square (Separate Funding)
 - Railing Restoration underway
 - Park Design @
 - Research Stage
 - Tree Surveys Underway
 - Ecological Surveys Underway
 - Precedence and desktop studies underway
 - Archaeological investigation works complete
 - Engagement & Design (Part 8) to follow
- Customs House Quay – Landscape Refurbishment Works
 - Topographical and GPR Surveys complete
 - Feasibility Study complete
 - Interdepartmental circulation and discussions underway.

Gareth Toolan

Dublin City Council Parks Department



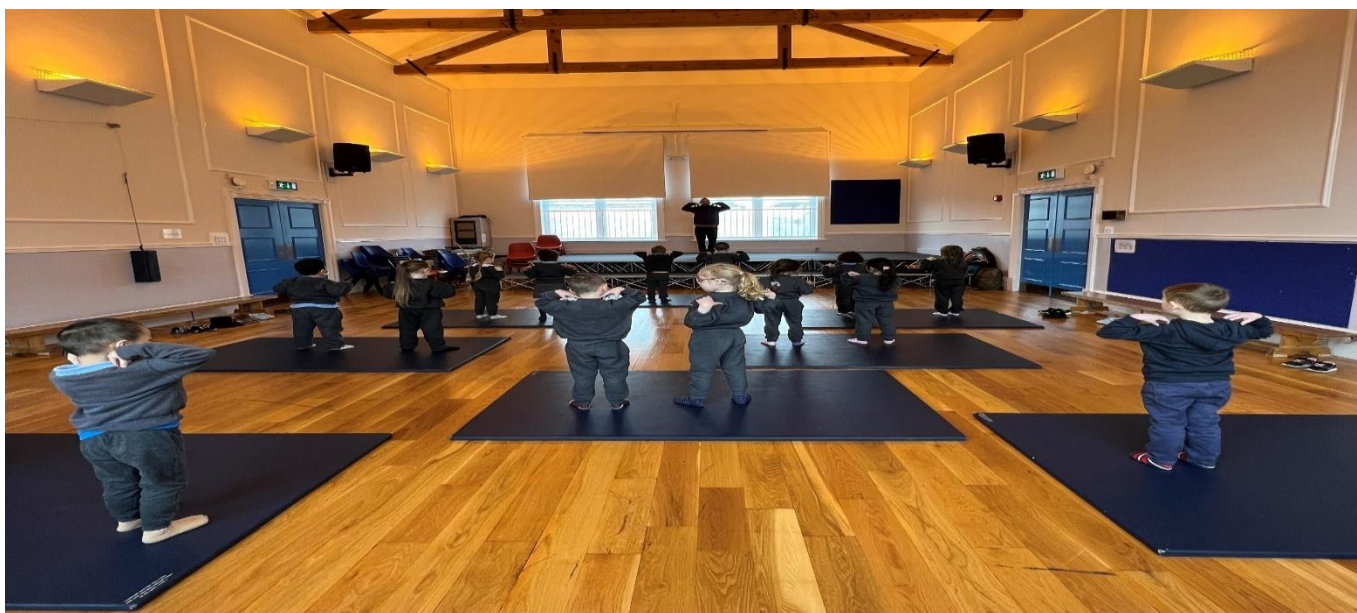
NEIC Intercultural Report
Report to Central Area Committee
June – September 2023

Transcultural film project

The NEIC office have supported the transcultural film project by connecting with Killarney Hall venue for workshops and families meet-ups for Salmagundi, a transcultural film project involving more than 15 families in the Dublin City area have been working with filmmaker Jijo Sebastian, commissioned by Hugh Lane and Create.

Intercultural sport

Peter O'Donnell (Sports Officer) and Ozanam House have reached out for Volunteers to coach. The NEIC volunteer data base has been very helpful in this regard.



Comunidade Sports and Intercultural Activities



Roma Dance Classes

Cultural Mediator Denisa Cristea will engage with the Young Roma community with a view to facilitating dance classes.

Take 1 Ingredient

Intercultural Ambassador Yvette Cheevers delivering a project in Mud Island, the idea of the project is to develop and encourage people from all back grounds to cook fresh healthy food.

Take 1 Ingredient is hosted at Mud Island Community Garden.



Events Calendar

Events calendar and **Diversity and Inclusion Calendar 2024** of important dates and celebrations is being compiled Also engaging with people, and organisations that were in touch with former Intercultural Coordinator about various subjects.

The graphic is a vibrant yellow calendar for January 2024, titled "DIVERSITY AND INCLUSION CALENDAR JANUARY". It features a grid of colored boxes representing different event categories. A legend at the bottom identifies the categories: W/M (pink), IRL (green), R/C (blue), ND (orange), GD (purple), ID (red), F (dark blue), and HWA (grey).

Category	Event	Date
GD - Global Days	Global Family Day	1 JAN
GD - Global Days	World Braille Day (A/RES/73/161)	4 JAN
GD - Global Days	World Religion Day	15 JAN
GD - Global Days	Community Manager Appreciation Day	22 JAN
GD - Global Days	World Day for African and Afro-descendant Culture	24 JAN
GD - Global Days	International Day of Education	24 JAN
GD - Global Days	Global Community Engagement Day	28 JAN
ND - National Days	Haiti Independence Day	1 JAN
ND - National Days	Sudan Independence Day	1 JAN
ND - National Days	First Philippine Republic Day	23 JAN
ID - Intercultural Days	World Day for African and Afro descendant Culture	24 JAN
ID - Intercultural Days	International Day of Commemoration in Memory of the Victims of the Holocaust (A/RES/60/77)	27 JAN
R/C - Religions/Cultural	Orthodox Christmas	JAN 7
R/C - Religions/Cultural	Lohri (India)	13 JAN
R/C - Religions/Cultural	World Religion Day	15 JAN
W/M - Weeks/Months Celebrations	Financial Wellness Month	1 JAN - 31 JAN
W/M - Weeks/Months Celebrations	Get Ireland Active	1 JAN - 31 JAN
W/M - Weeks/Months Celebrations	International Creativity Month	1 JAN - 31 JAN
IRL - Ireland	Ireland Lights Up Get Ireland Walking	12 JAN - 12 MAR
IRL - Ireland	First Fortnight Mental Health Art & Culture Festival Ireland	2 - 17 JAN
HWA - Health, Wellbeing and awareness dates	Blue Day	16 JAN
HWA - Health, Wellbeing and awareness dates	START Child Healthy Eating Campaign	17 JAN
HWA - Health, Wellbeing and awareness dates	Food Dudes Healthy Eating programme An Bord Bia	17 JAN
HWA - Health, Wellbeing and awareness dates	International Day of Acceptance	20 JAN
HWA - Health, Wellbeing and awareness dates	European Cervical Cancer Prevention National Cervical Screening Service	17-23 JAN
HWA - Health, Wellbeing and awareness dates	Take A Walk Outdoors Day	24 JAN
HWA - Health, Wellbeing and awareness dates	International Reducing CO2 Emissions Day	28 JAN

Volunteering in the NEIC

A **Volunteer Database** for NEIC events was launched a number of weeks ago to date there have been over 100 people registered. These volunteers will be called on for events like The big Scream.



[News](#) [Events](#) [Map](#) [Videos](#) [About](#) [Resources](#)



26 JUN 2023 / NEWS

VOLUNTEERING WITH NEIC

SHARE

Are you interested in making a difference in our neighbourhood?

We are looking for volunteers!

With exciting summer and autumn events coming up soon in the North East Inner City area, we are looking to connect and work together with local residents.

This is an opportunity for people with energy and enthusiasm to be involved and contribute to a vital new force in one of Dublin's oldest and most remarkable communities.

Sign up using the link below and make a difference in our area!

[Sign up here!](#)

Global Village

The NEIC office have been working alongside Dublin City Council Inclusion Team to deliver the Global Village on the 12th of November to the NEIC in as part of the Inclusion and Integration week (6h – 12th November).

Karen Aguiar

Intercultural Navigator



**NEIC Sport Recreation & Wellbeing Programme
Report to Central Area Committee
June-September 2023**

Swellfest

The inaugural Swellfest Health and Wellness Festival was held in Mountjoy Square on the 9th of September. The idea was to showcase the huge range of sporting initiatives in the local area combining with some of the best talent across the country. Over 2,500 people attending the event with great feedback from the local residents. To name but a few, some of the activities on offer were boxing, soccer, handball, parkour, basketball, aikido, poundfit, Zumba, yoga, mindfulness, and lot more besides!





HOPE Recovery Run

The Hope Recovery Run was held on September 16th which saw over 200 people register for either 5k or 10k run around the area. There was a strong showing from all the local running clubs, the Garda Síochana, and local DCC Staff. The NEIC was happy to support the event.



NEIC Community Handball

The National Handball Centre has not been utilised at all in the North East Inner City. We have collaborated with GAA Dublin Handball to establish the sport of Handball back into the NEIC, as well as to utilise the National Handball Centre.





Comhairle Cathrach
Bhaile Átha Cliath
Dublin City Council



DUBLIN
NORTH EAST
INNER CITY



When: Every Monday @7pm-8pm
Where: National Handball Centre
Cost: Free

Contact **Peter**
087 065 4031

Mountjoy Basketball Trojans 3x3

Mountjoy Park was host to the 3rd annual 3x3 basketball tournament in September. The day saw teams enter from all over the country including Kerry, Cork, and Belfast. Over 250 players entered the competition which offered boys and girls teams from u/12 all the way up to senior level. A state of the art basketball court is transported into Mountjoy Square for the day. The event is run in partnership with the NEIC and Basketball Ireland



L.I.F.E. Sport & Rec Course

L.I.F.E. (Learning In Football Environments) is a QQI Level 4 + 5 Sport and Recreation course hosted by the National College of Ireland. L.I.F.E is delivered by staff from North Wall Community Development Project. We have now entered a valuable partnership with the NEIC. L.I.F.E is a Local Training Initiative (LTI) and focused on community based education.

Both courses consist of 8 different QQI modules which offer different insights into the sports industry and work environment. External qualifications are delivered throughout the year including FAI badges, RLSS Lifeguarding and ITEC gym instruction.

Our QQI Level 5 course provides access to valuable CAO points, if learners achieve the overall major award end of term. Our course is powered by Bohemian F.C. with learners gaining a valuable insight into their professional sporting environment throughout the year. Bohs provide multiple guest speakers throughout the year, as well as providing valuable work experience. Our learners also get access to the Bohs training and match days environments.

CHOOSE YOUR PARTNERS WISELY



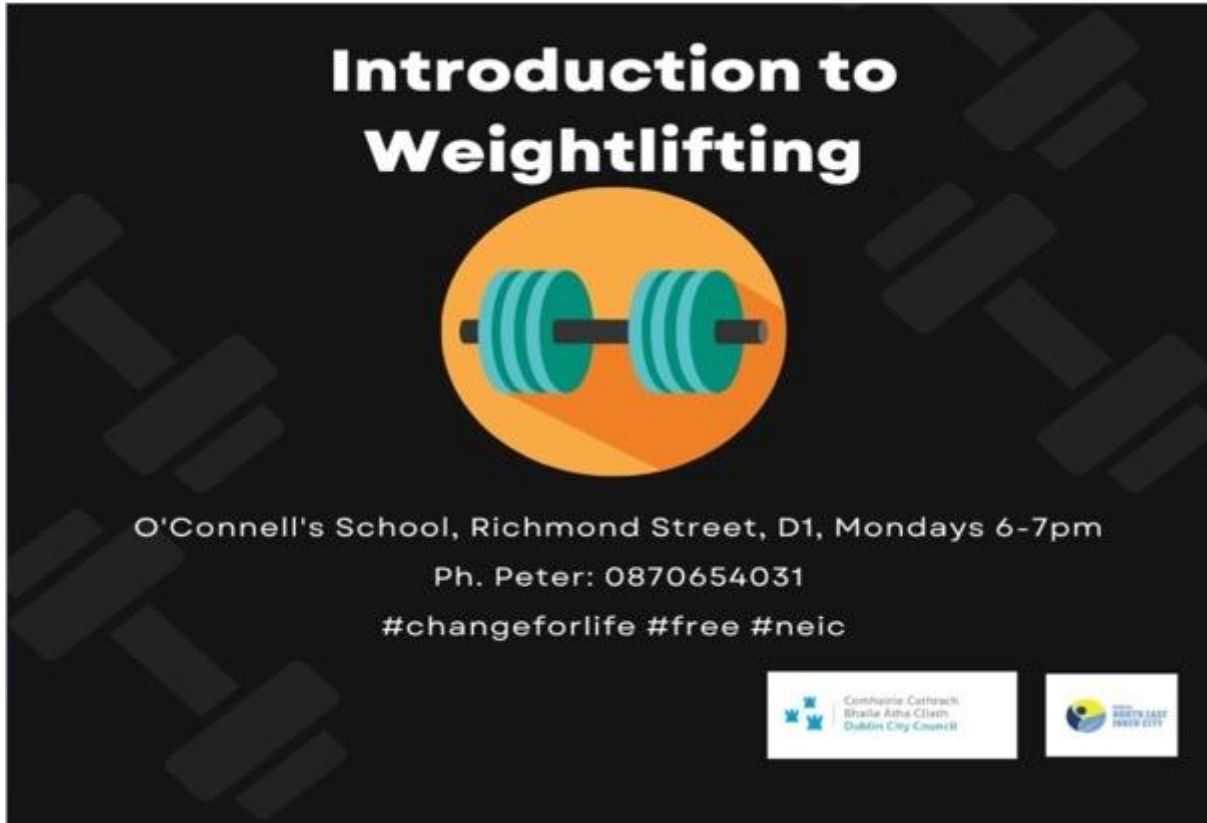
Now In Partnership With



**DUBLIN
NORTH EAST
INNER CITY**

Intro to Weightlifting



NEIC/DCC introduced weightlifting to the summer change for life programme, and is still on going. This took place in the school gym that has not been used at all in the North East Inner City. It has been successful with people been cosisting in going to the classes as well as taking up the sport of weightlifting and been aware of the benefits it has.



**Introduction to
Weightlifting**



O'Connell's School, Richmond Street, D1, Mondays 6-7pm
Ph. Peter: 0870654031
#changeforlife #free #neic





YOGA WITH JEN

Hardwicke St Community Centre
Wednesdays 6-7pm #FREE

#change4life #neic #operationreactivation
Ph. 0879842173




CIRCUITS

#CHANGE4LIFE #NEIC #FITNESS

Mondays 6-7pm
Hardwicke St Community Centre

Scan to register:





Circuit Training

We have moved the fitness class in St Laurence O'Toole Recreation Centre to a lunch time class and this has started to generate great energy in the local area from week to week. With the help and support from the NEIC/DCC staff continuously coming to the class has encouraged the people who live local to the area to come to the class. We have encouraged the staff who are fantastic to teach a class and they have added an active ageing class to their time table.



CIRCUIT TRAINING

Laurence O Toole
Community Centre

All Fitness Levels
Welcome

TUESDAYS 1-1.45P.M.

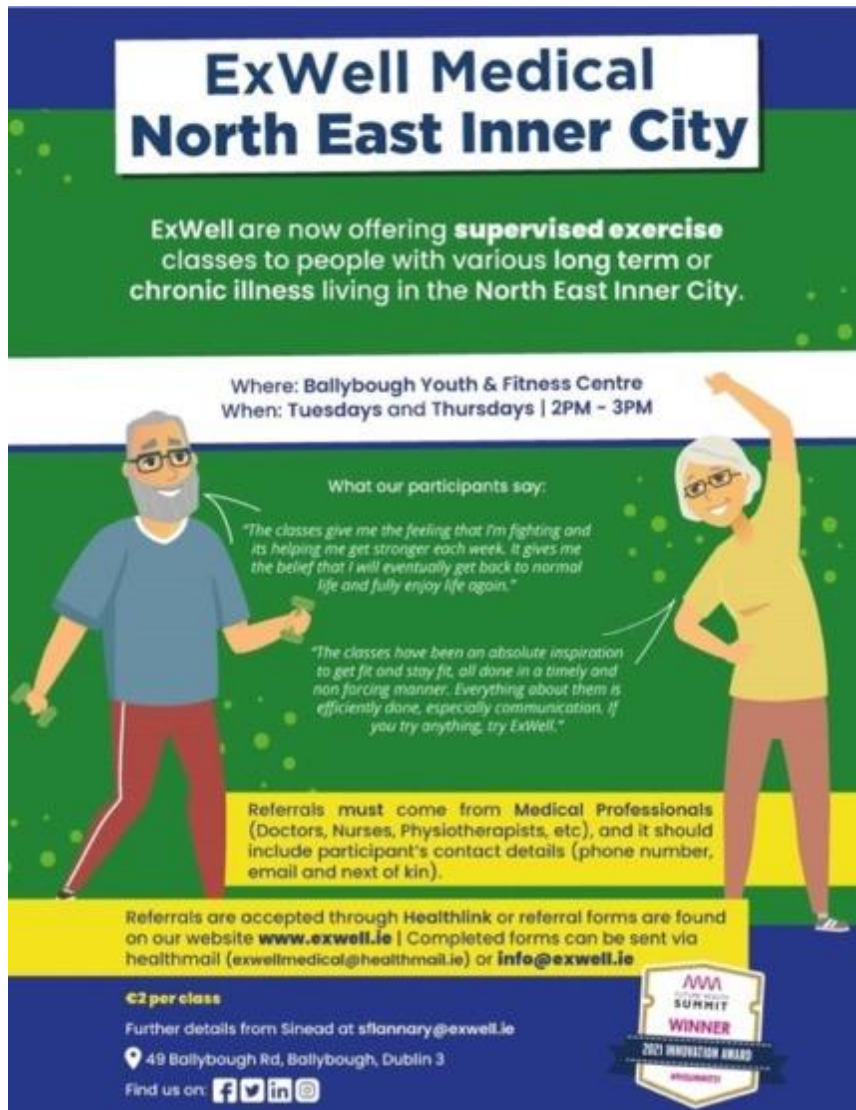
Free

 Comhairle Cathrach
Bhailé Átha Cliath
Dublin City Council

 DUBLIN
NORTH EAST
INNER CITY

ExWell Medical

Exwell continue to be a lifeline to so many within the NEIC. ExWell offers medically supervised exercise classes twice a week in Ballybough to those suffering with Chronic Illnesses.



**ExWell Medical
North East Inner City**

ExWell are now offering **supervised exercise** classes to people with various long term or chronic illness living in the North East Inner City.

Where: **Ballybough Youth & Fitness Centre**
When: **Tuesdays and Thursdays | 2PM - 3PM**

What our participants say:

"The classes give me the feeling that I'm fighting and its helping me get stronger each week. It gives me the belief that I will eventually get back to normal life and fully enjoy life again."

"The classes have been an absolute inspiration to get fit and stay fit, all done in a timely and non forcing manner. Everything about them is efficiently done, especially communication. If you try anything, try ExWell."

Referrals must come from **Medical Professionals** (Doctors, Nurses, Physiotherapists, etc), and it should include participant's contact details (phone number, email and next of kin).

Referrals are accepted through Healthlink or referral forms are found on our website www.exwell.ie | Completed forms can be sent via healthmail (exwellmedical@healthmail.ie) or info@exwell.ie

€2 per class

Further details from Sinead at sfannary@exwell.ie

📍 49 Ballybough Rd, Ballybough, Dublin 3

Find us on: [f](#) [t](#) [in](#) [@](#)

**AWM
SUMMIT
WINNER
2023 INNOVATION AWARD**

Outdoor Summer Fitness Classes

The NEIC ran a number of pro social activities in the some of the parks during the summer months. All activities were well attended and completely free of charge for the community.



Fitness in the Park

Liberty Park: Thursdays 1-1.45pm

Ph. Peter: 0870654031

#change4life #neic #operationreactivation



OUTDOOR FITNESS CLASSES

**ROYAL
CANAL
GREENWAY**

**WEDNESDAYS
10.30 - 11.30AM**

FREE



Ph. Peter on: 0870654031

#CHANGE4LIFE #NEIC #OPERATIONREACTIVATION



Yoga in Liberty Park

CLASS EVERY FRIDAY
1-1.45PM

#changeforlife #neic #operationreactivation



SCAN QR CODE TO REGISTER:



 Comhairle Cathrach
Bhalla Átha Cliath
Dublin City Council

 WEST EAST
INNER CITY



2/2

Change for life Programme Summer 2023

The NEIC summer Change for life has finished up after a successful run in July / August 2023. The programme offers over 20 taster activities either free or very low charge to the local NEIC population. This year we have added Walking Football, Handball, weightlifting, and outdoor fitness classes, to the usual favourites

Comhairle Cathrach
Bhailé Átha Cliath
Dublin City Council

NORTH EAST
INNER CITY

CHANGE FOR LIFE

Summer 2023

OVER 20 WEEKLY CLASSES BEING OFFERED!

JUNE 26TH TO AUGUST 7TH

@NEIC_Dublin
fb.com/DNEIC

For further information
www.neic.ie

Register @
bit.ly/SummerFitness2023
or Scan QR

Please book your identity for each class with the contact point. Places will be allocated on a first come, first served basis where spaces are limited. Participants can join a class at any stage throughout the programme.

Women on the Move

This programme was designed to interact with a group of women from the Saol Project (SAOL is an integrated programme of education, rehabilitation, advocacy and childcare). The SAOL Project's on-going commitment to the women, children and community members of the North Inner City continues to develop, responding to the changing needs of the women who participate in their project. The woman on the move is helping woman in this particular group to be more active. Some of the woman in this group would not leave their home or interact with other people apart from the time that they are in the Saol programme.

We started the programme with going for walks and using the facilities in the area, like the calisthenics equipment in Mountjoy square and then the Basketball court. The following weeks we went done to the Local gym in Sheriff Street, St. Laurence O'Toole. This is where we really started to build up excitement, they loved it. The NEIC decided to support the group with a one month membership, so they could have a safe place to go to and find an activity that was very beneficial to their health. The Girls in the programme are really enjoying been in the gym and are starting to feel very comfortable. They are even starting to go to the gym by themselves in their own time.

D1 Academy

The D1 academy is a collaboration with The FAI, NEIC and DCC for kids in the NEIC, to play social football without the pressures of been in a team or not been able to play at a leave or standard. Kids will develop in sports at defined stages though out there life's and may not be physical or mentally ready to play at the leave of their particular sport at this present moment. The D1 Academy is to support the kid's development and build their confidence in playing sport, make friends and learn new skills.



The D1 Football Academy

O'Connell's School
Every Saturday morning 11am-12pm
Boys and Girls Aged 7-10
Cost : €3 per week
FAI Qualified Coaches
Contact : neil.Keoghan@fai.ie
Or
083-879-5580

Dublin City Council
Dublin NORTH EAST INNER CITY
cityconnects
OPTIMIZED STUDENT SUPPORT



Ballybough Youth Service **Charity Cycling**

Ballybough Youth Service is a place where young people can come in and relax. They work with young people from the age 10 - 24 that live around the area. The cycling programme was put together to support a group of young adults in the service who was planning a charity cycle, for mental health for men. With months of hard work and dedication they completed the cycle and raised over €1200 in aid of mens mental health.



St Laurence O'Toole Bowls

St Laurence O'Toole Bowls has started a response to a request in the area. We have supplied the equipment and are looking forward to see it develop. The Sheriff Street area is largely populated with older adults, women and men. There is a real need to support this group to be active for many reasons, mental health, and physical health, slow down the ageing processes and to prevent the need for medical treatment.



ACRGCC After Care Recovery Group Cycling Club

With the success of the cycling programme in May, the ACRG group have decided to start a cycling club of their very own. We have been running cycling programmes for the last few months in the inner city and we are at a stage now that we have fifteen people from the aftercare recovery group looking to form a cycling club in the North east inner city. There are people who were previous members to the ACRG that are interested in joining the club when it is formed. This is a great achievement by the group as they will be seen as role models to the community in the North east inner city.



Ozanam House Handball

Summer Camp

The summer programme for Ozanam house started on 3rd July and runs until Friday 11th August. The children that will be catering for are aged between 6 and 11 and they will be split into 2 groups for handball summer camp. This would mean group one would have approx 20 children from 11.30 to 12.30 (aged 6 - 8yrs) and group 2 would have approx 20 children from 1.30pm to 2.30pm (aged 8 to 11yrs). Ozanam House maintain an adult to child ratio of roughly 1:4 and these adults will be there to support the Ozanam House Summer Camp.



Sheriff YC Football Club Yoga Retreat

Martina is a yoga instructor currently offering yoga and meditation to some of the teams of Sheriff YC and to adults in Dublin North East inner city

The NEIC/DCC funded to take 10 of her adult participants on a yoga mindfulness day with Royal Canal Boat Trips

The day included a walk to the 12th lock followed by 1 hour Yoga with a mindfulness meditation trip down the Royal Canal on a barge, the Cruise lasted for 3 hours and was for 10 participants. Martina waived any payment for herself and just looked for funding to help bring some of the ladies and gentlemen from her class on this day out.



Sean MacDermott Street Pool


The NEIC/DCC added an August special for the five Thursday in August for adult aqua aerobics class. This was to encourage the people to be more active and make full use of the pool. There is a huge need and want for the local pool to be open in the area and we will look to utilise as many hours on the timetable as possible, as well as facilitating all the local primary schools.

Linn Sínáin Shráid Sheáin Mhíe Dhíarmáde
Sean MacDermott Street Swimming Pool

Comhairle Cathrach
Bhailé Átha Cliath
Dublin City Council

ADULT AQUA AEROBICS

AUGUST SPECIALS at Sean MacDermott St. Swimming Pool



THURSDAYS 9.15 - 10AM
€5 PER CLASS
Contact Peter on: 0870654031

Comhairle Cathrach
Bhailé Átha Cliath
Dublin City Council

NORTH EAST
INNER CITY

ADULT SWIM LESSONS

AUGUST SPECIALS
at Sean MacDermott St. Swimming Pool

THURSDAYS 10.15 - 11AM
€5 PER CLASS
Contact Peter on: 0870654031

Comhairle Cathrach
Bhailé Átha Cliath
Dublin City Council

NORTH EAST
INNER CITY

Kellie Harrington Fun Day

The Kellie Harrington fun day was held on July 29th this summer for the third year in Aldborough place. The event is always a great success with the star of the show having a huge amount of time and great engagement with the local community. Over 500 people attending the event. Boxing lessons was the main order of the day but also on show were musicians, clowns, balloon makers, and coffee and cakes for adults

**HAVE
FUN
WITH
KELLIE**

**KELLIE
HARRINGTON
FUN DAY
2023**

**12-4PM
SATURDAY 29TH JULY
ALDBOROUGH PLACE, DUBLIN**



Boxing Sessions,
Pad work, Q&A with Kellie,
Silly Billy Magic,
Local Music
and Food.

Supported by



Active Ageing with Eddie

From the amazing energy that has been created from the circuit classes, staff in St Laurence O'Toole Recreation Centre have started an Active Ageing fitness class with Eddie. This was something that we could see was needed in the area and with discussing this with the staff they were only happy to help. The staff are very much about helping out in any way with the community and do be very busy true out the day with the young and elderly in the centre. So to make time in their busy schedule is very much appreciated and we are going to support with some equipment when needed.

A promotional poster for an 'Active Ageing' fitness class. The top half features the title 'ACTIVE AGEING' in large, bold, blue letters with a white outline, set against a colorful, abstract background. To the right, the word 'WITH' is in small orange letters, followed by 'Eddie' in a large, elegant, cursive script. Below the title, a photograph shows three people sitting on mats on a wooden floor, holding small dumbbells and smiling. A woman in a white shirt is on the left, a man in a pink shirt is in the center, and a person in a purple shirt is on the right, seen from the back. The bottom half of the poster has a dark teal background with white text providing details about the class. At the very bottom, there are logos for the Dublin City Council and a red circular logo with a white icon of a pair of scissors.

AGES: ALL WELCOME
WHEN: MONDAY AT 2:00PM – 2:30PM
WHERE: SAINT LAURENCE O'TOOLE RECREATION CENTRE
COST: FREE
CONTACT: 01 222 4205

Comhairle Cathrach
Bhaile Átha Cliath
Dublin City Council

**NEIC Community Arts
Report to Central Area Committee
July – September 2023**

The NEIC Community Arts Programme has continued to deliver a range of initiatives this Summer to support the meaningful development of the Arts across the many different communities of the NEIC.

1. Working with local Community Housing

Magic in the Mansions



In July and August of this year the Mary's Mansions Summer Programme took place. Children's Theatre Maker Darren Yorke and Visual Artist Duffy Mooney Shepherd, created a mystery for participating local children by calling to their doors each week and playing with the children on their doorstep, as members of the ***Creature Features Detective Agency*** they invited the children to help them solve the mystery of the strange creatures that had been spotted around the Mary's Mansions.

Each week, as the children designed and developed their creatures, their stories grew and soon we had fifteen very strange mysteries to solve created by twenty five very clever storytellers aged between four and twelve.



In Autumn 2023 the Community Arts Programme is working with Focus Ireland to deliver a second Community Arts Programme to residents in direct provision accommodation.

2. Development of NEIC Community Arts Strategic Plan:

The Community Arts Programme continued to develop its strategic plan for 2024 - 2027 this Summer. The Process will engage in a final round of consultations with key stakeholders this Autumn. It is hoped to launch the strategic plan in January 2024.

3. Early Years Partnership Programme

<https://vimeo.com/849505200/1b808c1d3d?share=copy>

The Early Years Residency in partnership with the Hugh Lane continues with Ozanam House this Summer. Parents, Children and Early Childhood Educators, participated in workshops, both in their Early Years Setting and in the Hugh Lane Gallery. The programme has now resumed for the Autumn term.

We are also in the process of developing an Early Years Partnership Programme with the National Concert Hall and Fighting words this Autumn that will involve an additional two NEIC Early Years Settings.

During the Summer we also continued to develop our other Early Years Cultural Partnerships, which includes:



- A three month Early Years Music Residency with St. Louises pre-school in partnership with the **NCH**.
- A storytelling programme of work with St. Bridids pre-school in partnership with **Fighting Words**.
- First steps - A storytelling programme delivered to two local pre-schools in partnership with **The Gate Theatre**.
- **Seasons and Stories** a drama and storytelling programme exploring the seasons and focusing on the 9 developmental schema. **This will be delivered to two settings.**
- **The Lullaby Project** – An Intercultural music and storytelling programme for parents and toddlers with Hill Street FRC.

4. NEIC Community Arts Grant

The Community Arts Grant was advertised in June and received a broad range of applications from schools and groups within the NEIC. Groups were notified in early July as to the outcome of their application.

Grants ranged from €500 - €5000. The following groups were successful in their application.

DALC, The Five Lamps, The Hay Project, Hill Street Family Resource Centre, Holy Child Pre-School Rutland St. , Inter-Cultural Language Services, St. Laurence O'Tooles CBS, LYCS, Ma Samba, Mud Island, Dublin Docklands Boxing Club, Dublin Regional Touring Company, Rutland St. National School, The Saol Project, St. Vincents Girls National School, Swan Youth Service.

Contact: Irma Grothius

Tel: 089 434 3786 E: communityartsneci@gmail.com



Leona Fynes – Adminisitrive Officer

Leona.fynes@dublincity.ie

0872760045

NEIC Programme Office



Comhairle Cathrach
Bhaile Átha Cliath
Dublin City Council